|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Lunch Menu Term 1****Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)**Friday** |
| **WEEK 1****29th Aug****26th Sept****24th Oct****21st Nov****19th Dec****16th Jan** | **Spaghetti Bolognaise Or** **Ham & Cheese Melt** **Garden Peas****Salad Selection** **Pasta Salad****Mashed Potato****Gravy****Muffin, Fruit or Yoghurt** | **Homemade Breaded Chicken Goujons & Dip Or** **Chicken Wrap****Diced Carrots** **Salad Selection****Herb Diced Potato****Jelly Pot, Fruit or Yoghurt** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or** **Oven Baked Breaded Fish Fingers** **Sweetcorn, Broccoli Florets****Mashed Potato****Fresh Fruit or****Fresh Yoghurt** | **Roast Breast of Chicken Or****Roast Pork** **Traditional Stuffing** **Fresh Diced Carrots, Broccoli Florets****Oven Roast Potato****Mashed Potato, Gravy****Rice Krispie Square, Fruit or Yoghurt** | **Oven Baked Sausage Or****Peppered Chicken** **Garden Peas****Tossed Salad****Baked Beans** **Baked Potato****Chips****Ice Cream Tub & Fruit Pieces** |
| **WEEK 2****5th Sept****3rd Oct****31st Oct****28th Nov****26th Dec****23rd Jan** | **Homemade Margherita Pizza Ham & Cheese Pizza Or** **Chicken Panini****Garden Peas** **Tossed Salad****Herb Diced Potato****Flakemeal Biscuit &** **Water Melon Slice** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or****Steak Burger** **Broccoli Florets****Carrots****Mashed Potato, Gravy****Muffin, Fruit or Yoghurt** | **Italian Pasta Bake Or****Fresh Breaded Fish Goujons** **Baked Beans****Sweetcorn / Garden Peas** **Mashed Potato** **Jelly Pot, Fruit or Yoghurt** | **Roast Breast of Chicken Or** **Chicken Crumble****Traditional Stuffing****Fresh Diced Carrots / Parsnip****Oven Roast Potato****Mashed Potato, Gravy****Cookie, Fruit or Yoghurt** | **Chicken Nuggets Or** **Beef Lasagne****Sweetcorn** **Salad Selection****Mashed Potato****Chips****Frozen Yoghurt & Fruit Pieces** |
| **WEEK 3****12th Sept****10th Oct****7th Nov****5th Dec****2nd Jan****30th Jan** | **Oven Baked Breaded Fish Fingers Or****Savoury Mince** **Carrots** **Garden Peas****Mashed Potato****Fresh Fruit or****Fresh Yoghurt** | **Breast of Chicken Curry & Boiled Rice & Naan Bread****Or Chicken Panini / Wrap****Sweetcorn** **Broccoli Florets****Herb Diced Potato****Jelly Pot, Fruit or Yoghurt** | **Homemade Breaded Chicken Goujons & Dip****Or Cottage Pie****Salad Selection****Baked Beans, Diced Turnip** **Mashed Potato, Gravy****Flakemeal Biscuit, Fruit or Yoghurt** | **Roast Gammon Or Chicken & Pasta Bake****Traditional Stuffing****Fresh Baton Carrots** **Cauliflower Florets, Mashed Potato, Oven Roast Potato Gravy****Ginger Biscuit , Fruit or Yoghurt** | **Oven Baked Sausages****Or****Macaroni Cheese****Garden Peas** **Coleslaw****Baked Potato****Chips****Ice Cream & Fruit Pieces** |
| **WEEK 4****19th Sept****17th Oct****14th Nov****12th Dec****9th Jan****6th Feb** | **Steak Burger Or** **Stuffed Bacon Roll****Baked Beans****Sweetcorn****Broccoli Florets****Mashed Potato, Gravy** **Fresh Fruit or****Fresh Yoghurt** | **Pasta Bolognaise Or****Fresh Breaded Fish Goujons****Fresh Baton Carrot** **Garden Peas****Herb Diced Potato****Parsley Sauce****Flakemeal Biscuit, Fruit or Yoghurt** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or** **Oven Baked Sausage****Garden Peas** **Diced Carrots****Mashed Potato, Gravy****Jelly, Fruit or Yoghurt** | **Roast Breast of Chicken Or** **Flaked Salmon Wrap****Traditional Stuffing****Broccoli Floret****Tossed Green Salad****Oven Roast Potatoes****Mashed Potato, Gravy****Shortbread, Fruit or Yoghurt** | **Homemade Margherita Pizza****Or Marinated Chicken & Vegetable Stir-Fry****Noodles****Sweetcorn, Salad Selection** **Chips****Ice Cream & Fruit Pieces** |

 **Fresh Fish & Chicken Nuggets May Contain Bones**

***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***Rice, Pasta, Noodles, Potatoes and Gravy can be served Daily***

 ***Breads***

***Milk, Water***

***A choice of Fresh Fruit or Yoghurt***

 ***Available Daily***